STUDENTS RISE. WE ALL RISE.

EXPANDING MENTAL HEALTH SUPPORT INITIATIVE
# Student Mental Health

Behavioral & Mental Health Statistics – Detroit HS Students

<table>
<thead>
<tr>
<th>STUDENTS WHO...</th>
<th>Michigan</th>
<th>Detroit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Did not go school because they felt unsafe at school or on their way to or from school</td>
<td>8.2%</td>
<td>10.4%</td>
</tr>
<tr>
<td>Seriously considered attempting suicide during 12 months prior to survey</td>
<td>21.3%</td>
<td>20.2%</td>
</tr>
<tr>
<td>Attempted suicide one or more times during 12 months prior to survey</td>
<td>9.4%</td>
<td>13.7%</td>
</tr>
<tr>
<td>Experienced symptoms of depression in the last year</td>
<td>37.3%</td>
<td>34.0%</td>
</tr>
</tbody>
</table>

Source: Youth Risk Behavior Survey; 2017
> 50% of staff agreed students are moderately or strongly impacted by mental health issues

...and that their schools don’t have programs in place to help you deal with these issues

Source: DPSCD / TRAILS Staff Survey; May 2019
Student Mental Health

DPSCD Staff Trends on Student Mental Health

> 75% of teachers expressed interest in PD on social emotional learning tools and best practices for classrooms to supports students affected by trauma or mental illness

> 75% support staff asked for PD on best practices for supporting students affected by depression or anxiety

Source: DPSCD / TRAILS Staff Survey; May 2019
Alignment to Priorities

**WHOLE CHILD COMMITMENT**

Champion a whole child approach that unlocks students’ full potential.

1. Based on students’ individual needs, facilitate and align appropriate academic, cultural, and leadership experiences, as well as social-emotional and health services, to promote the holistic well-being and development of our students.

2. Ensure that all students have access to robust programming in non-core subject areas, including visual arts, music, dance, theater, physical education, world language, technology and health, as well as service-based learning opportunities.

3. Expand access to and participation in high-quality activities outside of the school day, including before and after school programs and summer experiences.

4. Support students’ health, development, and learning by providing high-quality, nutritious meals at our schools.

Source: Blueprint 2020
DWIHN: School Success Initiative

Feeder Pattern Model (K-8 + high school)

Why were these schools selected?

- Limited existing resources around behavioral health
- Admin support & existing space to support infrastructure
- Ability to track continuity of care throughout student's k-12 experience
- 50% Partnership Schools

Cody
607 students

EEVPA
878 students

Pershing
394 students

Dixon
Pre-K – 8
573 students

Ronald Brown
Pre-K – 8
950 students

Mason
Pre-K – 8
477 students
## DWIHN: School Success Initiative

### Two Year Grant

<table>
<thead>
<tr>
<th>Expenditure Category</th>
<th>Total Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary &amp; Benefits</td>
<td>$135,500</td>
</tr>
<tr>
<td>Behavioral Health Director</td>
<td></td>
</tr>
<tr>
<td>Travel</td>
<td>$15,000</td>
</tr>
<tr>
<td>2 out of state conferences and 3 in-state workshops</td>
<td></td>
</tr>
<tr>
<td>Supplies &amp; Materials</td>
<td>$7,200</td>
</tr>
<tr>
<td>Printing &amp; Office Supplies</td>
<td></td>
</tr>
<tr>
<td>Contractual</td>
<td>$700,000</td>
</tr>
<tr>
<td>School Social Worker(6)</td>
<td></td>
</tr>
<tr>
<td>School Nurses (6)</td>
<td></td>
</tr>
<tr>
<td>Other Expenses</td>
<td>$176,131</td>
</tr>
<tr>
<td>Peer-to-Peer Programming</td>
<td></td>
</tr>
<tr>
<td>Family &amp; Student Wraparound Services</td>
<td></td>
</tr>
<tr>
<td>Staff Professional Development</td>
<td></td>
</tr>
<tr>
<td><strong>Total Annual Expenditures</strong></td>
<td><strong>$1,089,723</strong></td>
</tr>
</tbody>
</table>

Source: DWIHN.org
TRAILS: Professional Development

Needs Assessment

- Grant Writing,
- Partnership
- Expansion

Professional development support for DPSCD staff

- Best practices for supporting student mental health and wellness
- Tools & resources for staff, students, and families

Source: trailstowellness.org
TRAILS: Professional Development

Funding Support of more than $3 million

The Ethel and James Flinn Foundation
Michigan Health Endowment Fund
Blue Cross Blue Shield of Michigan Foundation
Metro Health Foundation
Children’s Hospital of Michigan Foundation
Community Foundation for Southeast Michigan
Detroit Medical Center Foundation
The Jewish Fund
Michigan Department of Health and Human Services
Michigan Department of Education
The University of Michigan Department of Psychiatry and Comprehensive Depression Center
The Prosper Road Foundation
The Mackey Family
The Ouida Family
The American Psychological Foundation

Source: trailstowellness.org